

# Your Legacy Lived - Sample Questions

## Growing Up:

- When and where were you born?
- Where did you grow up?
- Who were your parents?
- What were your parents like?
- How was your relationship with your parents?
- Do you have any siblings? What were they like growing up?
- How would you describe yourself as a child? Were you happy?
- What is one of your best memories of your childhood? Worst memories?
- Did you have a nickname? If so, how did you get it?
- Who were your best friends? What were they like?
- How would you describe the perfect day when you were young?
- What did you think life would be like when you were older?
- Do you have any favorite stories from your childhood?
- When you were a child, what did you want to be when you grew up?

## Education:

- Where did you attend school?
- What were the schools like you attended? Class size, etc?
- Did you enjoy school?
- What kind of student were you?
- What would you do for fun at recess?
- How would your classmates remember you?
- Are you still friends with anyone from that timeframe in your life?
- What are your best memories of grade school, middle school, high school, and college? Worst memories?
- Was there a teacher who had a particularly strong influence on your life? Tell me about them.
- Do you have any favorite stories from school?
- Did you decide to pursue further education after graduating high school?

## Love and Relationships:

- When did you first fall in love?
- Can you tell me about your first kiss?
- What was your first serious relationship?
- Do you believe in love at first sight?
- Do you ever think about previous lovers?

- What lessons have you learned from your relationships?
- Who were “the ones that got away” in your life?
- What was the hardest breakup you ever experienced?
- Do you remember the best date you ever went on?
- Do you remember your first date?

### **Marriage and Partnerships:**

- How did you meet your spouse/partner?
- How did you know they were the one?
- How long did you date your spouse/partner?
- How did you or they propose?
- What were the best times you had together? The most difficult times?
- Did you ever think of getting divorced? Can you tell me about it?
- What are your favorite stories from your marriage or about your spouse/partner?
- If you got married, what was your wedding day like? Where, who was in your wedding party?
- Did you go on a Honeymoon?
- How many years have you been or were you together?
- What are/were the best qualities of your spouse/partner?
- What is/was something that your spouse/partner did to make you feel special?
- Did you celebrate anniversaries in any special ways?

### **Parenting/Children:**

- When did you first find out you were going to be a parent? How did you feel?
- Did you always know you wanted to be a parent?
- How many children do you have? What are their names?
- Can you describe the moment you saw your child/ren for the first time?
- How has being a parent changed you?
- What have you learned about yourself from being a parent?
- What are your dreams for your children and grandchildren?
- Do you remember when your last child left home for good?
- Do you have any favorite stories about your children?
- How did you choose your child’s/children’s name(s)?
- What were your children like growing up?
- Did you and your spouse/partner agree on how many children you wanted?
- What is the most rewarding part of being a parent?
- What is the most challenging part about being a parent?
- What was pregnancy like?
- What is the best advice you were given when becoming a parent?
- What is one thing that you would want your child(ren) to remember?

- Are there any of your own or your spouse's/partner's traditions you had that you carried on to your own children?
- What was your favorite thing to do a family?
- Did you have a favorite family vacation?

### **Employment:**

- Tell me about what you did for a living. How long did you do it for?
- What was your first job? How old were you?
- What job did you enjoy most throughout your lifetime?
- If you could have done any career, what would you have chosen?

### **The Service:**

- Where you in the military?
- What branch of the service did you serve?
- How many years of service did you have?
- Did you enlist or were you drafted?

### **Retirement:**

- At what age did you retire?
- What goals do you have in retirement?
- What do you enjoy most about being retired?
- Is retirement the same or different than you imagined it would be?

### **Travel:**

- What is your favorite place you have visited?
- Where is the furthest place you have traveled to?
- If you could travel anywhere, where would you go and why?
- What are your favorite memories or stories from trips that you have taken?

## General Questions:

- Do you remember any of the stories your grandparents used to tell you?
- Do you remember any songs that you used to sing to your children? Can you sing them now?
- What is the worst thing you ever did?
- How would you like to be remembered?
- What is your biggest accomplishment in life?
- Can you tell me about the most important people in your life?
- What have been some of the happiest moments in your life? The saddest?
- Who has been the biggest influence on your life? What lessons did that person or people teach you?
- Can you tell me about a moment when a person's kindness made a difference in your life?
- What are the most important lessons you learned in life?
- What is your earliest memory?
- Are there any funny stories that come to mind?
- Are there any funny characters in your life you'd like to tell me more about?
- What are you proudest of?
- Has your life been different than you imagined it would be?
- Do you have any regrets?
- What advice would you give to the next generation? Is there any wisdom you'd like to pass on to them? What would you want them to know?
- If you could talk to a younger version of yourself, what would you say?
- What are your favorite hobbies?